



# January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>☺ <b>The Order of Activities may depend upon Resident's choice, cancellation of Volunteers or Outside Weather.</b></p>			<p><b>1. <u>New Years Day</u></b></p> <p>10:00 Room visits 10:30 What is your new years resolution 1:30 Bingo 2:30 Bingo</p>	<p><b>2. <u>World introvert Day</u></b></p> <p>10:00 Room visits 11:00 Yoga 1:30 Arts and crafts 2:30 Rainbow cloud</p>	<p><b>3. <u>Int'l Wellness Day</u></b></p> <p>10:00 Coloring 10:30 Word Seach 1:30 Movie Night 2:30 Let's Have snacks</p>	<p><b>4. <u>Nat'l Trivia Day</u></b></p> <p>10:00 Room Visit 10:30 Board Game 1:30 Bingo (<u>Win Snacks</u>) 2:30 choose your activity</p>
<p><b>5. <u>Nat'l Bird Day</u></b></p> <p>11:00 Room Visit 11:30 UNO 1:30 Church Service 2:30 Choose your activity</p>	<p><b>6. <u>Nat'l Cuddle Day</u></b></p> <p>10:00 Room Visits 11:00 Chair Exercises 1:30 make ball in chicken coop 2:30 floor tic tac toe 3:30 Roll tissue win prize</p>	<p><b>7. <u>Nat'l Bobblehead Day</u></b></p> <p>10:00 Memory Game 10:30 Meditation 1:30 Arts and Crafts 2:30 Let's make a paper Duck</p>	<p><b>8. <u>Battle of New Orleans</u></b></p> <p>10:00 Room visits 10:30 Bible Study (Sandy) 1:30 Bingo 2:30 Bingo 3:00 Bingo</p>	<p><b>9. <u>Law Enforcement Appreciation Day</u></b></p> <p>10:00 Room Visits 11:00 Janga 1:30 Arts and Crafts 2:30 Choose what wooden item you'll like to paint</p>	<p><b>10. <u>Nat'l Bittersweet Chocolate Day</u></b></p> <p>10:00 Balloon activity 10:30 Air Hockey 1:30 Movie Night 2:30 Let's Have snacks</p>	<p><b>11. <u>Nat'l Clean off Desk Day</u></b></p> <p>10:00 Room visits 10:30 bean bag toss 1:30 Bingo (<u>Win Snacks</u>) 2:30 choose your activity</p>
<p><b>12. <u>Nat'l Pharmacist Day</u></b></p> <p>10:00 Room Visit 10:30 Bowling 1:30 Church Service 2:30 Board games</p>	<p><b>13. <u>Gluten-free Day</u></b></p> <p>10:00 Room Visits 11:00 Exercise 1:30 Janga 2:30 Domino 3:00 Make ball threw hula-hoop</p>	<p><b>14. <u>World Logic Day</u></b></p> <p>10:00 Support Circle 10:30 Church Service 1:30 Arts and crafts 2:30 Let's create a floating house</p>	<p><b>15. <u>MLK Birthday</u></b></p> <p>10:00 10:30 Bible Study (Sandy) 1:30 Bingo 2:30 Bingo 3:00 Bingo</p>	<p><b>16. <u>Nat'l Nothing Day</u></b></p> <p>10:00 Room Visits 11:00 chair exercise 1:30 Arts and crafts 2:30 Let's create an air balloon</p>	<p><b>17. Benjamin Franklin Day</b></p> <p>10:00 stretches 10:30 card Game 1:30 Football game 2:30 Volleyball Game (GF)</p>	<p><b>18. <u>World Religion Day</u></b></p> <p>10:00 Room visits 10:30 Board game 1:30 Bingo (<u>Win Snacks</u>) 2:30 Choose your activity</p>
<p><b>19. <u>Nat'l Popcorn Day</u></b></p> <p>11:00 Room visits 11:30 board games 1:30 Church service 2:30 Choose your activity</p>	<p><b>20. <u>MLK Day</u></b></p> <p>10:00 Room Visits 11:00 chair exercise 1:30 table bowling (Hit cups) 2:30 Match color cup 3:30 Make ball in hole</p>	<p><b>21. <u>Nat'l Hugging Day</u></b></p> <p>10:00 Room Visits 10:30 Church Service 1:30 Arts and crafts 2:30 Let's create a winter scene</p>	<p><b>22. <u>Celebration of Life Day</u></b></p> <p>10:00 Room Visits 11:00 Bible Study (Sandy) 1:30 Bingo 2:30 Bingo 3:00 Bingo</p>	<p><b>23. <u>Nat'l Pie Day</u></b></p> <p>10:00 Room Visits 11:00 Chair exercises 1:30 Arts and crafts 2:30 Let's create a light up flower</p>	<p><b>24. <u>Nat'l Fun at Workday</u></b></p> <p>10:00 Monopoly 10:30 domino 1:30 Pub Party 2:30 POOL TABEL Game / Happy hour and music (GF)</p>	<p><b>25. <u>Nat'l Spouses Day</u></b></p> <p>10:00 Room visits 10:30 card game 1:30 Bingo (<u>Win Snacks</u>) 2:30 Choose your activity</p>
<p><b>26. <u>Int'l Customs Day</u></b></p> <p>10:00 Room visits 10:30 bean bag toss 1:30 Church service 2:30 Choose your activity</p>	<p><b>27. <u>Chocolatecake</u></b></p> <p>10:00 Room Visits 11:00 Chair exercise 1:30 don't drop balloon 2:30 Toilet paper race 3:30 Make bag in basket with air bag</p>	<p><b>28. <u>Nat'l Lego Day</u></b></p> <p>10:00 Support Circle 10:30 Church Service 1:30 Arts and crafts 2:30 Let's create a snow globe with cup</p>	<p><b>29. <u>Nat'l Puzzle Day</u></b></p> <p>10:00 Room Visits 11:00 Bible Study (Sandy) 1:30 Bingo 2:30 Bingo 3:00 Bingo</p>	<p><b>30. <u>Nat'l Croissant Day</u></b></p> <p>10:00 10:30 1:30 Resident council 2:30 Birthday Party/Pick your station! <b><u>Both activities on GF</u></b></p>	<p><b>31. <u>Nat'l Backward Day</u></b></p> <p>10:00 Room Visit 10:30 UNO 1:30 Let's Travel to Puerto Rico 2:30 Old San Juan Party</p>	 <p>World Religions Speaker Series Every 2<sup>nd</sup> Tuesday at 6:00 p.m. Unity of Shreveport 670 Stoner Ave. Tuesday, Nov. 8 ~ Rev. Barbara Jarrell All Souls Unitarian Universalist Church</p>